

Princess & the Frog

Blue Bayou Mint Julep Serves 8

For the Syrup:

2 1/4 cups sugar

6 cups water

2 tablespoons plus 1/2 tablespoon fresh lime juice

1 12-ounce can frozen lemonade concentrate,
thawed

1 1/2 tablespoons creme de menthe syrup

Fresh mint sprigs

Directions:

Combine sugar and water in saucepan. Stir until sugar is dissolved. Stir in lime juice, lemonade concentrate, and creme de menthe and heat to just below the boiling point (200 degrees). Be careful not to let the mixture boil. Remove from heat and chill to form a thick syrup. For each serving, pour 2 tablespoons of syrup and 10 ounces of chilled water into a glass of crushed ice and garnish with a sprig of fresh mint.



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